



Laura Mensch

Associée

T 403.232.9452
F 403.266.1395
Calgary
LMensch@blg.com
[LinkedIn](#)

[Travail et emploi](#)
[Droits de la personne](#)
[SST et indemnisation des accidentés du travail](#)
[Différends en matière d'emploi](#)
[Griefs et arbitrages](#)
[Défense des droits devant les commissions des relations du travail](#)
[Négociations collectives](#)
[Harcèlement au travail](#)
[Organismes de bienfaisance et sans but lucratif](#)

Laura is a highly experienced management-side labour and employment lawyer. She provides practical, timely and client-specific advice to employers in the areas of labour, employment, occupational health and safety and human rights law. Laura acts for a wide variety of employers in both federally and provincially regulated industries such as health care and related health services, energy, manufacturing, construction, information technology, and financial and professional services. She also acts for municipalities, private schools, government entities and regulators, and First Nations.

Laura has appeared before all levels of court in Alberta as well as before the Alberta Labour Relations Board, human rights tribunals and other administrative tribunals. She also provides strategic advice to clients in relation to workplace restructuring and mergers and acquisitions.

Prior to joining BLG, Laura practiced with another national law firm.

Perspectives et événements

- Speaker, "Employment and Labour Considerations When Buying and Selling a Business," Legal Education Society of Alberta, December 2019.
- Speaker, "Occupational Health and Safety Changes and Workplace Investigations," Canadian Institute, June 2019.
- Panel Speaker and Paper, "Mental Health Issue in the Workplace," Canadian Association of Counsel to Employers, September 2017.
- Webinar Presentation, "Changes to Alberta Employment and Labour Legislation," CPHR Alberta, July 2017.

À l'extérieur de BLG

Activités professionnelles

- Member, Law Society of Alberta
- Member, Canadian Bar Association
- Member, CACE (Canadian Association of Counsel to Employers)

Activités communautaires

- Volunteer, CPHR Alberta
- Board Member, Westside Recreation Centre
- Past Board Member, Human Resources Association of Calgary
- Past Volunteer, Student Legal Assistance, University of Calgary
- Past Volunteer Instructor, Trial Advocacy, University of Calgary Law School
- Volunteer, Trails West Hockey Association

Bar Admission & Education

- Alberta, 1999
- LL.B., Université de Calgary, 1998
- Master of Public Administration, Université Queen's, 1995
- BA (With Great Distinction), University of Lethbridge, 1991

BLG | Vos avocats au Canada

Borden Ladner Gervais S.E.N.C.R.L., S.R.L. (BLG) est le plus grand cabinet d'avocats canadien véritablement multiservices. À ce titre, il offre des conseils juridiques pratiques à des clients d'ici et d'ailleurs dans plus de domaines et de secteurs que tout autre cabinet canadien. Comptant plus de 725 avocats, agents de propriété intellectuelle et

autres professionnels, BLG répond aux besoins juridiques d'entreprises et d'institutions au pays comme à l'étranger pour ce qui touche les fusions et acquisitions, les marchés financiers, les différends et le financement ou encore l'enregistrement de brevets et de marques de commerce.

blg.com

© 2025 Borden Ladner Gervais S.E.N.C.R.L., S.R.L. Borden Ladner Gervais est une société à responsabilité limitée de l'Ontario.