



Sandrine Mainville Senior Associate

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Employment Disputes
Commercial Litigation
Labour & Employment
Grievances & Arbitrations
Workplace Harassment

Sandrine's practice focuses on dispute settlement, with specialization in labour and employment law. She is also called upon to advise both unionized and non-unionized employers and to represent their interests in disputes.

Before joining BLG, Sandrine completed her law studies while training full-time in championship level swimming. She participated in the 2016 Olympics, where she won the bronze medal for free-style 4x100 m. relay with her teammates.

Beyond Our Walls

Community Involvement

Member of the Board of Directors of the Sport Dispute Resolution Centre of Canada (SDRCC)

Awards & Recognition

• Lawyer of the Year – Labour and Administrative Law by the Jeune Barreau de Montréal, 2023



Bar Admission & Education

- Québec, 2020
- LL. B. (including an exchange session at the University of Toronto), Université de Montréal, 2018

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