



Matthew Sherman

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[Insurance Claim Defence](#)

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Matthew's practice focuses on insurance claim defense and healthcare. He has represented clients in Small Claims Court, Superior Court, Federal Court and before the Health Professions Appeal and Review Board.

Matthew completed his articles with BLG's Ottawa office before joining the firm as an associate. He worked as an intake and assessment worker for the Children's Aid Society before studying law.

Insights & Events

- Author, "Insurance Legal Ledger: BLG's business insurance newsletter (Fall 2025)", BLG Article, September 2025
- Speaker, BLG Health Law Risk Management Seminar, 2018, 2019, 2020, 2021, 2022
- Speaker and Conference Paper, "Recent Amendments to the Occupiers' Liability Act," CCLA Civil Litigation Conference, 2021
- Author, "Occupiers' Liability Amendment Act receives Royal Assent in Ontario", BLG Article, December 2020
- Author, "The Right To Subrogate: Court Finds Bailment As An Exception To S. 263 Of The Insurance Act", BLG Article, November 2018
- Author, "Potential Jurors Who Pay Automobile Insurance Premiums Can Serve On Civil Juries", BLG Article, August 2018

- Author, "Statutory Deductible Significantly Reduces Jury Award in Recent Post-Trial Ruling", BLG Article, May 2018
- Author, "Insurer Obtains Assignment of Long-Term Disability Benefits Following Motor Vehicle Accident Trial", BLG Article, April 2018

Beyond Our Walls

Professional Involvement

- Member, Law Society of Ontario
- Member, County of Carleton Law Association
- Member, The Advocates' Society

Community Involvement

- The ID Project
- Pro bono
- Board Member, ABLE2: Support for People with Disabilities
- Canadian Defence Lawyers: Young Lawyers Committee

Awards & Recognition

- Recognized in the 2025 edition (and since 2024) of the *Best Lawyers in Canada* as "Ones to Watch" (Insurance Law & Medical Negligence)

Bar Admission & Education

- Ontario, 2018
- JD (first-class Hons.), Bond University, 2016
- Post-Graduate Certificate, dispute resolution, York University, 2013
- MSW, University of Windsor, 2012
- BA, University of Dayton, 2010

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