

## BLG Cares: Organizations

BLG supports nearly 200 charities across Canada each year, through financial donations and volunteer contributions. If you are looking for ways to give back, we have compiled the list below to highlight some charities and not-for-profits doing important work to improve the lives of others in our communities.

### National

#### Donate money

- [The Frontline Fund](#)
- [Canadian Red Cross COVID-19 Global Appeal](#)
- [Food Banks Canada](#)
- [Canadian Mental Health Association](#)
- [United Way Centraid Canada](#)
- [The Salvation Army in Canada](#)

#### Volunteer connection platforms

- [Volunteer Connector](#)
- [National COVID-19 Volunteer Recruitment Campaign](#)

#### Vulnerable kids

- [Breakfast Club of Canada](#)
- [Kids Help Phone](#)
- [Canadian Feed the Children](#)
- [UNICEF Canada](#)
- [Canadian Centre for Child Protection](#)
- [Adopt4Life](#)

#### Providing Food

- [Food Banks Canada](#)

#### Women in need

- [Canada Helps](#)
- [Women's Shelters Canada](#)

## **Support for seniors**

- [Meals on Wheels](#)
- [HelpAge Canada](#)

## **How to help local restaurants**

- [Save Hospitality](#)

## **Homeless shelters**

- [Raising the Roof](#)

## **Fundraising campaigns**

- [Conquer Covid-19](#)

# **Alberta**

## **Providing food**

- [Calgary Food Bank](#)
- [Leftovers Rescue Food](#)

## **Women in need**

- [Medicine Hat Women's Shelter Society](#)
- [Alberta Council of Women's Shelters](#)

## **Support for seniors**

- [Alzheimer Society of Canada](#)
- [Calgary Seniors' Resource Society](#)

## **Homeless shelters**

- [Calgary Homeless Foundation](#)
- [Homeward Trust Edmonton](#)
- [Safe Harbour Society \(Red Deer\)](#)

# **British Columbia**

## **Volunteer connection platforms**

- [Volunteer Attract - Victoria](#)
- [Purposely](#)
- [Go Volunteer - volunteer opportunities](#)

## **Providing food**

- [Greater Vancouver Food Bank](#)

## **Women in need**

- [Red Door Family Shelter](#)
- [Kelowna Women's Shelter](#)
- [Vancouver Rape Relief and Women's Shelter](#)

## **Support for seniors**

- [St. Michael's Extended Care Society](#)

## **How to help local restaurants**

- [Feed the Frontlines](#)
- [Van Food and Beverage Relief Fund](#)

## **Homeless shelters**

- [Covenant House Vancouver](#)

# **Manitoba**

## **Volunteer connection platforms**

- [HelpMB](#)

# **Nova Scotia**

## **Providing Food**

- [Feed Nova Scotia](#)

# **Ontario**

## **Volunteer connection platforms**

- [Volunteer Ottawa](#)

## **Providing food**

- [Ottawa Food Bank](#)
- [Daily Bread Food Bank](#)
- [North York Harvest](#)
- [Second Harvest](#)
- [The Stop](#)
- [Feed the Frontlines](#)

## **Women in need**

- [Canadian Women's Foundation](#)

## **How to help local restaurants**

- [Toronto Restaurant Workers Crisis Relief Fund](#)

## **Homeless shelters**

- [Good Shepherd Ministries](#)

## **Fundraising campaigns**

- [The Adam Fanaki Brain Fund](#)

# **Québec**

## **Volunteer connection platforms**

- [Je Bénévole](#)

## **Childhood and family**

- [Fondation Marie-Vincent](#)
- [La Dauphinelle](#)
- [Y des Femmes de Montréal](#)

## **Providing Food**

- [Les Banques alimentaires du Québec](#)
- [Moisson Montréal](#)

## **Fundraising campaigns**

- [Mission Inclusion](#)

## Support for seniors

- [Association des popotes roulantes du Montréal métropolitain](#)
- [Les Petits Frères](#)

## Homeless shelters

- [Mission Old Brewery](#)
- [La rue des Femmes](#)
- [La Maison du Père](#)
- [Dans la rue](#)

## Saskatchewan

### Homeless shelters

- [The Lighthouse Supported Living \(Saskatoon\)](#)

## International

### Fundraising campaigns

- [Gates Foundation](#)

### For more information, please contact:

#### Tamara Costa

National Director, Marketing and Communications

Borden Ladner Gervais LLP

[TCosta@blg.com](mailto:TCosta@blg.com)

416.350.2642



---

## **BLG | Canada's Law Firm**

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 725 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

[blg.com](https://www.blg.com)

© 2025 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.