



Alyssa Jagt Senior Associate

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Employment Disputes
Labour & Employment
Human Rights
Human Resources & Labour Relations

Alyssa is a management-side labour and employment lawyer. Her practice involves advising clients in both the private and public sectors on a variety of matters related to litigation, employment law and human rights.

She represents employers in litigation disputes including proceedings involving wrongful dismissals, breach of non-competition and non-solicitation obligations, misuse of confidential information, human rights complaints, and employee fraud.

Alyssa also advises employers on a variety of day-to-day employment matters, including employee accommodations, terminations, employment standards, and employment contract and policy reviews.

Insights & Events

- Author, "Ontario Court rules that a temporary lay-off provision is not a "termination" provision", BLG Article, June 2025
- Author, "Steps Ontario employers need to take to comply with newest employment legislation changes",
 BLG Article, March 2024
- Author, "Working for Workers Four Act, 2023: Changes to Canadian employment law coming soon", BLG Article, November 2023
- Author, "Salary range and Al-use disclosures requirements likely coming soon to Ontario", BLG Article, November 2023



Awards & Recognition

 Recognized in the 2026 edition (and since 2025) of The Best Lawyers in Canada as "Ones to Watch" (Corporate and Commercial Litigation) and since 2024 (Labour and Employment Law).

Bar Admission & Education

- Ontario, 2019
- JD, Queen's University, 2018
- BComm (Honours), Queen's University, 2015

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