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Nikesh Mehta-Spooner

Summer Law Student

LOCATION

Toronto

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Nikesh is a summer student at BLG's Toronto Office for the 2025 summer term. He is focusing on disputes.

As a law student, Nikesh volunteers with Pro Bono Students Canada to assist the Northwest Territories Human Rights Commission conduct constitutional litigation research. Alongside this work, Nikesh has participated in several moots, including the Lerners Cup, the Frozen Osgoode Open Moot, and the Baby Gale. Before joining BLG, Nikesh completed his master's in history and played on his school's hockey team.

Nikesh chose to work at BLG after learning through the interview process how the firm encourages meaningful student mentorship, facilitates strong disputes training, and fosters intellectual curiosity. It became clear through the recruit that BLG is an exciting, diverse, and welcoming place to learn from exceptional mentors.

In Nikesh's spare time, you can find him cheering on the Maple Leafs, listening to classic rock, and finding Toronto's best cappuccino.

Education

- BA (Hons.), University of Western Ontario, 2023
- JD, Osgoode Hall Law School, 2027
- MSt in US History, University of Oxford, 2024